



Swim

Summer 2024

Who are these programs for?

Our swim program is designed for beginning to intermediate swimmers ages 18 months to 10 years old. Our classes are structured to meet the needs of each child depending upon their comfort level in the water as well as their prior skill development. We limit our class sizes to 4 students per instructor to ensure individualized attention and safety. For more information, feel free to contact us at **(406)259-2237** or **office@billingsgymnastics.com**



What are the details?

Class Cost: \$74 per session (8 lessons)
Class Days: Monday-Thursday for 2 weeks (unless otherwise noted)
Class Duration: 30 mins for all classes

*Fridays are reserved for makeup lessons if a majority of classes have to be cancelled. If most classes can proceed, credit vouchers will be issued instead.

**Due to the structure of our program, individual makeups cannot be scheduled for missed classes.



May				
	M	T	W	Th
	6	7	8	9
S1	13	14	15	16
	20	21	22	23
	27	28	29	30

June				
	M	T	W	Th
S2	3	4	5	6
	10	11	12	13
S3	17	18	19	20
	24	25	26	27

July					
	M	T	W	Th	F
S4	1	2	3	H	H
	8	9	10	11	12
S5	15	16	17	18	
	22	23	24	25	

August				
	M	T	W	Th
S6	29	30	31	1
	5	6	7	8
S7	12	13	14	15
	19	20	21	22

Class Descriptions

Swim Buddies

Ages 18 months - 2 years
 For our youngest swimmers, this is an adult participation class that focuses on helping toddlers become comfortable in the water.

Goldfish

Ages 3 - 4 years
 For young swimmers who are still new to swimming, this class focuses on building independence, comfort, and safety in the water.

Sunfish

Ages 3 - 4 years
 For kids comfortable putting their head underwater, this level works on developing independent floating and kicking with a kickboard.

Seahorse

Ages 3 - 4 years
By Evaluation Only
 Seahorse introduces the front stroke, backstroke, and deep-water swimming.

Jellyfish

Ages: 5 to 10
 Jellyfish is an introductory swim class for older students. This is a level for kids uncomfortable putting their head underwater or need work with the basics.

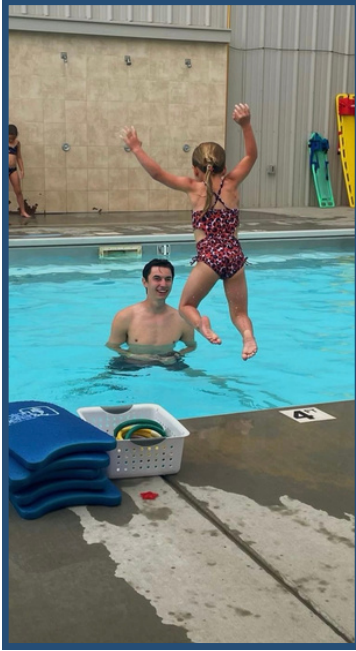
Starfish

Ages 5 - 10 years
 For young swimmers who are still new to swimming, this class focuses on building independence, comfort, and safety in the water.

Dolphin

Ages 5 - 10 years
 The focus of this level is stroke refinement. Students in Dolphin will work on improving their front and backstroke while also developing the butterfly.

Schedule



Seahorse	
Please contact the office to schedule	
Session 1 (May 13-23)	
Evenings Only	
Swim Buddies	5:30
Goldfish	5:45, 6:15, 6:30
Sunfish	6:00, 6:45
Jellyfish	5:30, 6:15, 6:30
Starfish	5:45, 6:00
Dolphin	6:45

Session 2 (June 3-13)			
	Mornings	Afternoons	Evening
Swim Buddies	8:30, 9:45, 10:30	12:45	5:30, 6:15
Goldfish	8:45, 9:00, 9:15, 9:30, 10:15, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:30, 2:15, 2:30, 2:45, 3:00	5:45, 6:00, 6:30, 6:45, 7:00, 7:15, 7:30
Sunfish	8:30, 8:45, 9:15, 9:45, 10:30, 10:45, 11:15	12:45, 1:00, 1:30, 2:00, 2:30, 3:00	5:30, 5:45, 6:15, 6:30, 7:00, 7:30
Jellyfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	12:45, 1:00, 1:15, 1:30, 1:45, 2:00, 2:15, 2:30, 2:45, 3:00	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Starfish	8:30, 8:45, 9:15, 9:30, 10:15, 10:30, 10:45, 11:00, 11:15	12:45, 1:15, 1:30, 2:00, 2:15, 2:30, 2:45, 3:00	5:30, 5:45, 6:00, 6:15, 6:45, 7:00, 7:15, 7:30
Dolphin	9:00, 9:30, 10:15, 11:00	1:15, 1:45, 2:15, 2:45	6:45, 7:15

Session 3 (June 17-27)			
	Mornings	Afternoons	Evening
Swim Buddies	8:30, 9:45, 10:30	12:45	5:30, 6:15
Goldfish	8:45, 9:00, 9:15, 9:30, 10:15, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:30, 1:45, 2:00, 2:15, 2:30, 2:45, 3:00	5:45, 6:00, 6:30, 6:45, 7:00, 7:15, 7:30
Sunfish	8:30, 8:45, 9:15, 9:45, 10:30, 10:45, 11:15	12:45, 1:00, 1:30, 2:00, 2:30, 3:00	5:30, 5:45, 6:15, 6:30, 7:00, 7:30
Jellyfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	12:45, 1:00, 1:15, 1:30, 1:45, 2:00, 2:15, 2:30, 2:45, 3:00	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Starfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:30, 1:45, 2:00, 2:30, 2:45, 3:00	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Dolphin	9:00, 9:30, 10:15, 11:00, 11:30	1:15, 1:45, 2:15, 2:45	6:00, 6:45, 7:15

Session 4 (July 1-12)			
Please note: Week 1 will run Mon-Wed and Week 2 will run Mon-Fri			
	Mornings	Afternoons	Evening
Swim Buddies	9:00, 10:15	12:45	5:30, 6:00
Goldfish	8:30, 8:45, 9:15, 9:30, 9:45, 10:30, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:30, 1:45, 2:30, 3:00	5:45, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Sunfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:30, 10:45, 11:15	12:45, 1:30, 2:00, 2:15, 2:30, 2:45	5:45, 6:15, 6:45, 7:00, 7:30
Jellyfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	12:45, 1:00, 1:15, 1:45, 2:00, 2:15, 2:45	5:30, 5:45, 6:00, 6:15, 6:45, 7:00, 7:15, 7:30
Starfish	8:45, 9:00, 9:15, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:45, 2:00, 2:15, 2:45	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:15, 7:30
Dolphin	8:30, 9:30, 11:00, 11:30	1:30, 2:30, 3:00	6:30, 7:00

Session 5 (July 15-25)			
	Mornings	Afternoons	Evening
Swim Buddies	9:00, 9:45, 10:15	12:45	5:30, 6:00
Goldfish	8:45, 9:15, 9:30, 9:45, 10:30, 10:45, 11:15	1:00, 1:15, 1:45, 2:15, 3:00	5:45, 6:15, 6:30, 6:45, 7:15
Sunfish	8:30, 8:45, 9:00, 9:15, 9:30, 10:15, 10:30, 10:45, 11:15, 11:30	12:45, 1:30, 2:00, 2:30, 2:45	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:15, 7:30
Jellyfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:30, 2:00, 2:15, 2:30, 2:45, 3:00	5:30, 5:45, 6:00, 6:45, 7:00, 7:15, 7:30
Starfish	8:45, 9:00, 9:15, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	12:45, 1:00, 1:30, 1:45, 2:00, 2:15, 2:45	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Dolphin	8:30, 9:30, 11:00, 11:30	1:15, 1:45, 2:30, 3:00	6:30, 7:00, 7:30

Session 6 (July 29-Aug 8)			
	Mornings	Afternoons	Evening
Swim Buddies	9:00, 9:45	12:45	5:30, 6:00
Goldfish	8:30, 8:45, 9:15, 9:30, 9:45, 10:30, 10:45, 11:00, 11:15	1:00, 1:30, 2:15, 3:00	5:45, 6:15, 6:30, 6:45, 7:00, 7:15
Sunfish	8:45, 9:00, 9:15, 9:30, 10:15, 10:30, 10:45, 11:15	1:15, 2:00, 2:30, 2:45	5:30, 5:45, 6:00, 6:15, 6:45, 7:15, 7:30
Jellyfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:30, 10:45, 11:00, 11:15, 11:30	12:45, 1:00, 1:15, 1:30, 1:45, 2:00, 2:15, 2:30, 2:45, 3:00	5:30, 5:45, 6:00, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Starfish	8:45, 9:00, 9:15, 9:45, 10:15, 10:45, 11:00, 11:15, 11:30	1:00, 1:15, 1:45, 2:00, 2:15, 2:45	5:30, 5:45, 6:15, 6:30, 6:45, 7:00, 7:15, 7:30
Dolphin	8:30, 9:30, 10:15, 11:00	1:30, 1:45, 2:30, 3:00	6:30, 7:00, 7:30

Session 7 (Aug 12-22)			
	Mornings	Afternoons	Evening
Swim Buddies	9:45, 10:15	12:45	5:30
Goldfish	8:30, 9:00, 9:30, 10:30, 11:00, 11:30	1:00, 1:30, 2:00, 2:30, 2:45, 3:00	5:45, 6:15, 6:30, 6:45, 7:15, 7:30
Sunfish	8:30, 8:45, 9:15, 9:30, 10:30, 11:00, 11:15	12:45, 1:15, 1:45, 2:15	5:30, 6:00, 6:30, 7:00, 7:15
Jellyfish	8:30, 8:45, 9:00, 9:15, 9:30, 9:45, 10:15, 10:30, 10:45, 11:15, 11:30	12:45, 1:00, 1:15, 1:30, 1:45, 2:00, 2:15, 2:30, 2:45, 3:00	5:45, 6:00, 6:15, 6:30, 6:45, 7:00, 7:30
Starfish	8:45, 9:15, 9:45, 10:15, 10:45, 11:00, 11:15	1:00, 1:30, 1:45, 2:15, 2:30, 3:00	5:30, 5:45, 6:15, 7:00, 7:30
Dolphin	9:00, 10:45, 11:30	1:15, 2:00, 2:45	6:00, 6:45